

AYURVEDA & SUSTAINABLE TOURISM



BARBERYN
AYURVEDA RESORTS
SRI LANKA

55

1968 - 2023
YEARS OF WHOLESOME
HEALING AND HOSPITALITY

BARBERYN REEF AYURVEDA RESORT BERUWALA



Barbery Reef, the first tourist resort on the Southern coast of Sri Lanka (1968) paved the way for the development of the thriving tourism industry of today. In 1984, it pioneered Ayurveda tourism leading to the popularity of Ayurveda in Sri Lanka and in the Western world, achieving the perfect balance between fine hospitality and wholesome healing.

The resort is a 6-time recipient of the Sri Lankan Presidential Award for Best Exporter of Health Services.

BARBERYN BEACH AYURVEDA RESORT WELIGAMA



Winner of the Tourism Award (Ayurveda Resorts) for 2009, 2010 and 2011, and inducted to the Hall of Fame, Barbery Beach bears testimony to the spirit of Sri Lanka entrepreneurship, craftsmanship and environmental sustainability. It received the National Gold Green Environmental Award in 2016.

BARBERYN WAVES AYURVEDA RESORT WELIGAMA



The new Waves by Barbery with breathtaking views of the Indian Ocean opened in July 2023. Adjoining Barbery Beach, the resort's contemporary architecture blends beautifully with indigenous design. Barbery Waves creates a feeling of space and light, letting in nature so guests can enjoy the healing that comes from within.

BARBERYN SANDS
AYURVEDA RESORT
BENTOTA



On a peninsula between the Bentota River and the Indian Ocean, Barbery Sands, the newest addition to the group, provides three generations of Barbery guests the authentic Ayurveda they have come to expect.

DIYABUBULA
Jungle and Art Hideaway
DAMBULLA



Designed by celebrated artist Laki Senanayake, this unique 5-villa property is set in a dense and mature forest. With each villa resting on its own water feature, while the terrain has been left intact, guests can experience true harmony between nature, human beings and art.

INSTITUTE OF AYURVEDA AND
ALTERNATIVE MEDICINE
(IAAM)



The beautifully restored ancestral home of the Rodrigo family houses the research and development section of Barbery and is home to its Institute of Ayurveda.

Established in 2003, the Institute provides the framework for the training and research conducted by Barbery. Aiming to disseminate information and promote all facets of authentic Ayurveda and indigenous medicine, the research focus is currently on medicinal plants.

AYURVEDIC MEDICINAL PLANTS OF SRI LANKA



The Institute of Ayurveda and Alternative Medicine of Barberyln and the University of Ruhuna's Department of Botany have collaborated to prepare the *'Ayurvedic Medicinal Plants website'* containing 1344 commonly used medicinal plants in Sri Lanka.

www.instituteofayurveda.org

BARBERYN ECO PROPERTIES



The Barberyln Eco Properties nurture medicinal plants and organic fruit and vegetables for the resorts' fine dining.

50 acres in Batukandakale contain 650 valuable varieties of plants. The small island of Dedduwa on the Bentara River is protected and nurtured along with the organic growth of medicinal plants and rice. A nursery at Ovita nurtures 400 varieties of medicinal plants.

SUDANA RODRIGO SAHANA FOUNDATION



The Sahana Foundation is dedicated to the memory of Sudana and Chitra Rodrigo, the Founders of Barberyln, for their pioneering spirit, their philosophy of giving, and their commitment to the welfare of the staff and the people in the community.

The current focus is on health and education including the running of pre-schools and providing scholarships for higher studies.

The vision of Barberyn is “human development” which rests on “sustainability of life”.

We believe that sustainability goes beyond the economic, social and environmental pillars, and encompasses the sanctity of life, human consciousness and inner peace.

This ancient wisdom is “sustainable”, for it is a paradigm that is indigenous to us, passed down from one generation to another. So the Barberyn philosophy, pre-dating new theories of sustainability, has evolved and matured over three generations. What we have learnt from our parents, we pass on to the Barberyn family, our children, our staff, our guests and the community, as we develop each other and thus come naturally to sustainable tourism.

Rodrigo Family





Introducing our latest Resort: Waves by Barberyn Ayurveda,
opened in July 2023.



BARBERYN
AYURVEDA RESORTS

+94 34 2276036
info@barberynresorts.com

www.barberynresorts.com